

ADCC SUBMISSION FIGHTING IRISH OPEN CHAMPIONSHIP

Competition Invitation

NATIONAL UNIVERSITY IN MAYNOOTH

<http://www.nuim.ie/location/>

16th February 2013



Legal Techniques

- Any kind of choke (except for using the hand to close the wind pipe) with or without the use of the uniform
- Any armbar, shoulder lock, or wrist lock
- Any Leg Lock or Ankle Lock

Illegal Techniques

- No "Full Nelson" or "Crucifix"
- No striking / kicking of any kind
- No eye gouging or fish hooking
- No grabbing the ears
- No hair pulling, biting
- No finger or toe holds
- No thumbing
- No scratching and pinching
- No touching groin area
- No hands, knees or elbows on face
- No slippery substances allowed on body or clothing

Points

- 2 - Mount position
- 2 - Knee on stomach
- 2 - Sweeps (ends Guard or Half Guard)
- 2 - Takedown (ends Guard or Half Guard)
- 3 - Back mount with hooks
- 3 - Passing the guard
- 4 - Clean sweep (ends passed the guard)
- 4 - Clean takedown (ends passed the guard)

Lost points

- 1 - Go to your back
- 1 - Running away

The referee's decision/judging can't be overruled!

The winner will be decided according to:

If one competitor gives up or submits by tapping the leg, arm or verbally

If Referee feels one competitor is unable to defend himself or feels his life is in danger, Referee will declare the winner

If a fighter breaks the rules twice he will be disqualified by the Referee

Ways to win

Submission

Points

Referee's decision

Fighting Time

6 minutes in ordinary fights (first 3 min without points)

8 minutes in the finales (first 4 min without points)

One Extra round's are added if fights are even

Weight classes;

Professional:

Men: -65.9kg, -76.9kg, -87.9kg, -98.9kg and +99kg

Female: -60kg and +60kg

Masters: 65.9kg, -76.9kg, -87.9kg, -98.9kg, +99kg and Open class.

Beginners: -60kg, -65kg, -70kg, -76kg, -83kg, -91kg and +100kg

Female beginners: -50kg, -60kg, -70kg and +70kg

<http://adcombat.com/adcc-rules-and-regulations>

**Equipment**

Fighter may use tights, shorts, T-shirt, rash gurd or Kimono

Matt

9 x 9 meters, (8x8m, 1m safety area)

Mat escape, same position as the fighter were in when they crossed the mat line or referee say "stop"

REFEREES

All interested contact:

Adcc2013@gmail.com

Prizes

Every weight classes' three best fighters get medals

Also gear equipment rasguards

The team that gets most of the points gets the "Best Team Cup"

Points: 1st place 5 points; 2nd place 3 points; 3rd place 1 point

Competition payment

Competition fee is 50€

Payment has to be paid before the last registration date to bank account.

Message in the payment has to contain fighters name, team and category.

Weight in

Weight in is just before the first fight

Public

The doors open half hour before competition

Entrance 10€

Registration

The deadline of registration is February 13th 2013

Registration and event information: adcc2013@gmail.com

Organized by: ADCC IRELAND

